

PSYCHOLOGY OF AN ARTIST

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ANNOTATION: It is emphasized that the role of an artist in society, getting familiarized with his psychological experiences is one of the most important tasks. Getting familiarized with the history of the art of creators artists. Studying the psychology of artists and a characteristics of the chosen image is taken as an object in the present article.

KEY WORDS: Psychology, character, artist, talent, feelings, art, impressionists.

Introduction

Since mankind came into being, his life has always been harmoniously connected with art. The creation of mankind is an art itself. And mankind also creates an art. Their thoughts appear on papers as an art or sound like soul-music. Not just like simple ones, but like real and rare ones.

Everyone is given a special talent by God. Someone is too much of an intellectual, better at maths than others, someone is a really good public speaker and someone is able to create chemical substances. There is this type, among those talented people, who can see the beauty that no regular people can, and have an ability to influence other people's souls by showing it in the form of a picture. Of course, they are the owners of delicate and blessed souls – artists.



Every single owner of any profession has a special nature. An artist has a secret world, psychology and the thoughts that no other one knows but he does only. When we say an

artist, we imagine a person who is thoughtful and secret and who prefers loneliness most of the time.

Let's take a look at the meaning of the word "psychology" before analyzing the psychology of an artist. The word "psychology" drives from Greek roots meaning study of the psyche, or soul (-psyche, "breath, spirit, soul" and -logia, "study of" or "research"). Psychology is the study of behavior and the mind.



Psychology encompasses all of the thoughts, behavior patterns, and social attitudes that impact how we view ourselves and what we believe about others and the world around us.

Generally, conception of psyche/spirit come across in the works of Socrates, Plato and Aristotle in ancient times. So, psychological outlooks appeared in the stem of the philosophy. Other scientists inspired by the outlooks of the great scientists got used to focus on the psychology of a person when writing works about the nature, thoughts of a person and society. Therefore, we can say that the psychological outlooks truly appeared on the basis of philosophy.

A person's psychology is dependent on the talent he has. As it was said at the beginning, the talent is the individual type of quality that allows one to succeed in a few other fields too. For instance, a student who studies at the University of Technology can also master social humanitarian sciences, natural sciences and the sciences related to technology. All he needs to achieve it is to be knowledgeable, hard-working, curious and patient.

Writers have a good memory and a quality of clarity, discipline and being open to changes and strong vocabulary.

Artists are rich in deep thoughts and are ideal and their psychology takes shape relying on their talent. The better talent they have, the better psychology develops.

Artists think relying on their inner sense and imagination. They put their inner thoughts and inner senses and outlooks onto a white material. We can get to know what they want to say, who they actually are and what is their character along with the thoughts that shuddered their souls when we take one short look at their arts. And when you see an art of an artist, you feel like you are making a secret talk with the artist. A good art gives an impression of

like the characters in it are the ones that you are closely familiar with and it feels like it is taking you to the imaginary world. Taking one of the famous arts “Mother’s thoughts” of one of the famous artists, in Uzbekistan, Rahim Ahmedov as an example, you can see a great love of the main thoughtful mother character for her child by single movement of her hands. When you look at the art, it feels like you are given a chance to get back to your childhood for a moment, and to feel the boundless love of your mother.



Also, a good artist should be a good psychologist. Understanding personality allows artists to make their arts look real. Sometimes we might witness to artists get under a lot of stress. Thinking, it is because they are over sensitive. Some artists prefer to be left alone with their thoughts. The famous artist Vincent Van Gogh’s life, in which he expressed his deep psychological process by his arts that he was not recognized during his life time, can be an example. We can feel his sorrow and distress he had during his lifetime from the letters that he sent to his younger brother Toe Van Gogh who was the only one that he shared his secrets with.



“Life is going on, you cannot return the time that’s been spent, therefore, I am dedicating all my power and time to my artworks. Unfortunately, there is not always a possibility. It is much worse in my situation. The psychological degradation I have that is very much stronger than the other regular ones completely destroys me as an artist”. Vinsent van Gogh.

“The artist who is seriously talented should not hope to see the fruit of his/her labour. Unfortunately, the majority of the fans who are capable of understanding and loving impressionists are really poor to buy their art works”

Vinsent van Gogh.

This kind of condition is dependent on how wide is the imaginary world and the second “me” of an artist. It’s is not a news that those have their second “me” while regular people have only “me”. A person, who can get to handle the proportion between the two “me” s, very rarely gets in that situation.

Mainly, an artist not only has to create beautiful arts but should be able to think beautifully and be active in the society and most importantly, self-awareness. Leonardo di ser Piero da Vinci, known as Leonardo da Vinci, was an Italian polymath of the Renaissance and an experienced swordsman and horseman master. Gleb says, creativity is an intellectual exercise that requires a huge amount of energy. It is found pretty much difficult for a physically weak person that he does not have enough energy for that. Therefore, doing sports and exercises continuously should become inseparable part of creativity. The good artist must take care of his physical and mental health and must be mentally and physically healthy.

As Douglas Melloch said:

We can't all be captains,
we've got to be crew,
There's something for all of us here,
There's big work to do, and there's lesser to do,
And the task you must do is the near.
If you can't be a highway then just be a trail,
If you can't be the sun be a star;
It isn't by size that you win or you fail —
Be the best of whatever you are!

As Dale Carnegie mentioned, “If you have a lemon, make a lemonade”. So, we should not stop with what we reached, we always have to work hard on new ideas and creations.

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