

AESTHETIC FEATURES OF THE FORMATION OF A HEALTHY ENVIRONMENT IN THE UPBRINGING OF CHILDREN IN THE FAMILY

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ABSTRACT:

The goal of the reforms carried out in our country is an indicator of the upbringing of healthy and spiritually mature youth in all respects. The article presents the role of the family in society, the issue of raising children in the family as people. It reveals the philosophical significance of our spiritual heritage in strengthening the family.

KEY WORDS: youth, family, idea, spiritual threat, education, parents.

INTRODUCTION:

The family is a sacred place, because it is the basis of the development of society. Today, in the mass media, an important aspect of the upbringing of the family and children is emphasized. It is necessary to emphasize that the upbringing of family and children in our country has risen to the level of state policy. The current result of the consultation of a healthy mother, a healthy child and a healthy society is reflected today. According to statistics, more than ten thousand new families are being formed in our country per year, and the total number of families by today is increasing by 8,2 million.

The concept of family is considered an alternative in our mental, because the family is a social institution that continues to advocate the generation, brings children to the world and is very responsible for its upbringing. Raising a child is a responsibility that plays an important role in the family. Today, a number of scientific researches and sociological questionnaires are being conducted on bringing and raising a child in the family, in the

family. The main purpose of this is to form a family with a healthy environment, based on our mentality and scientific background.

MATERIALS AND METHODS:

Our President Sh.M. In the fourth direction of Mirziyoyev's strategy of action on five priority directions of development of the Republic of Uzbekistan in 2017-2021: "the issue of educating young people who are healthy, spiritually and mentally developed, thinking independently, loyal to the Motherland, have a firm Life outlook, deepening democratic reforms and increasing their social activity in the process of development of civil society" [1.203]. From time immemorial, Uzbek families are distinguished by many childhood. Today, solidarity in the spirit of our national values and times is of great importance in the upbringing of children.

The main task is the upbringing of Uzbek children in the national spirit, the formation of aesthetic feelings in them and the perfection of elegant feelings. "Family is the smallest branch of society, and society is made up of these branches. The family has a complex structure, natural-biological (sexual relations, procreation), economic (property relations, Home-Care Management), spiritual (a sense of affection between a couple, parents and children, etc.) is based on the relationship" [2.241]. When giving aesthetic education to a child in the family, it is of great importance to observe the beauty of reality, to perceive and aesthetic taste, to educate the ideal. It is also necessary to educate them by arousing admiration for the beauty and art of nature.

RESULTS:

In some cases, parents do not take into account the interests of their children, but engage in training, which they like in their own way. Also, some parents are busy with their work and do not pay good attention to the upbringing of the child. In the family there are specific rules for the conduct of the upbringing of healthy children, these rules are known to parents, and children will have to follow:

- parents, children and other members of the family should love, understand, respect each other;
- to look at Reading, work, labor as a basic need;
- idleness, not to be lazy;
- strict agenda in the family and compliance with acceptable living conditions;
- respect large people in the family, honor small ones;
- psychological calm in the family, creating a healthy atmosphere;
- formation of such qualities as independence, freedom, self-confidence in each person of the family.

The observance of the same rules will be the basis for the improvement of relations, the strengthening of the family and the transformation of this in turn into a citizen of society by raising a healthy child. Of course, it should always be borne in mind that the pattern of bunda parents and adults occupy a significant place.

Therefore, since the family atmosphere is the main dwelling in the upbringing and harmonious development of a child, it is necessary to constantly know and remember the aspects of the family that are different from other social spaces.

We must remember that the family, which is sacred to each of us, the positive course of relations in it will not only affect the upbringing of the child, but also the strengthening of the same family, through which it will affect the stability of society.

There is a world of universal beauty about the beauty inherent in the peoples of the East. On this originality, there are different opinions in many countries of the world:"the family is becoming one of the most important life values that corresponds to centuries-old traditions and mentality of the Uzbek people" [3.41]. It can be seen that the Uzbek family is trying to create its own future based on its past.

Especially the high aesthetic culture of the older family members, the strength of their interest in artistic literature and art, the fact that aesthetic pleasure from them directly affects the young child. From the very young age of the child, aesthetic education is perfect, good and bad, beautiful and funky concepts deeply understand the difference. When integrating such concepts into the consciousness of a young child, it is first of all necessary to take into account their interests. If the child feels that he has an interest in something, in sports or in a certain field of art, it is useful for him to be attracted to these interests.

In the Uzbek family, the upbringing of a child is characterized by the love of parents, sweet words, urging them to crush what they like, to be passionate about what they are doing. Talking in the upbringing of the child, being in free communication, aesthetic feelings grow. Teaching the child to observe the beauty of reality in the upbringing in an aesthetic spirit, to feel the beauty of the surrounding world, evokes in the child a high emotion in relation to nature.

In the Uzbek family, each child is brought up in the manner of being kind, appreciating the beauty of reality, understanding artistic culture. In the upbringing of the child, his intelligence, aesthetic sense, attitude to artistic literature and art, desires are important. Therefore, parents tried to make their children

understand, feel the beauty and tenderness in life, to assimilate the spiritual qualities of people. At the heart of their children developed such moods as Labor, sweetness, joy, warmth, a smile.

Through such upbringing, parents explained to their children the beauty of the soul. Even the past manifested our spirituality in their minds. Therefore, our wise people did not say in vain that "beauty is not in appearance, but in perfection"!

Another important aspect of aesthetic education in the Uzbek family is the hard work of the father and the kindness of the mother. Because the father calls his child from a young age to be kind to Labor, to enjoy the beauty of reality, to be able to walk, to be highly aesthetic in art, and to walk away from disgusting and gloomy, didless events. The child seeks to perfection of inner and outer beauty, mental acuity of high human feelings in the heart. And the mother, in addition to these, tries to please her child with a pleasant melody, listen to music, walk around the bosom of beautiful nature, watch beautiful landscapes, fill her heart with joy, etc. The role of our grandmothers in the upbringing of children in the Uzbek family in the aesthetic spirit is also great. They love and pamper their grandchildren, give them their love, which is filled with their hearts. They tell their grandchildren about the joys and worries of life. Often, telling fairy tales, narratives and stories, urging them to be bold, brave, fearless, humble, kind, beautiful, beautiful. Especially the beauty of nature, telling each of its creatures its unusual qualities one by one, children find delicate feelings, aesthetic ideals in the eyes of the world.

CONCLUSION:

In conclusion, we note that the aesthetic education of the Uzbek people, which has been inherited from centuries to centuries, is

desirable to use the treasure of culture, unique masterpieces and ilmu services of our people in educating young people and bringing them into the mind a delicate, feminine and Lobar mood. Therefore, every child who is brought up in the Uzbek family today, first of all, enjoying our heritage and values of the past-will grow up in full enjoyment of the aesthetic education of the peoples of the world, while remaining bright Uzbekistan will become a place of high emotions.

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