

THE ROLE AND IMPORTANCE OF READING BOOKS IN CREATING A SENSE OF INTIMIDATION AMONG YOUNG PEOPLE

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ABSTRACT:

This article discusses the importance of books in shaping young people's sense of resilience and strengthening their spiritual immunity.

KEYWORDS: bullying, bullying youth, reading among young people, reading books, reading culture.

INTRODUCTION:

There are many different approaches to exploring youth's sense of threat today. The most common of these are political, historical, philosophical, sociological, axiological, functional, didactic, semiotic, anthropological and humanistic approaches. While each of these approaches has its own meaning, it is important to keep in mind that their commonality is evident in the threatening nature of each individual.

When experts think about the threats specific to the youth of the world, our region and our country, it is important to be aware of the breadth and uniqueness of the subject, the perception of this concept and the feeling formed on it, resistance to various threats and any dangers. pay special attention to the need. There are also different approaches to the formation, development and protection of a sense of threat in young people in different areas of research, as well as life experiences and practices.

At a time when it is sometimes difficult to predict the rapidly changing worldview, our people are confidently striving for the future, showing the first fruits of the right path of development, new thinking, enthusiasm and The role of spiritual education in strengthening

independence, ensuring sustainable development, preserving peace and stability in the land of Uzbekistan, where the new generation is entering the arena with courage, is growing.

MAIN PART:

We all know that today, at a time when a new century of development has begun, a new era, a new era in the history of mankind, intelligence, rich thinking, deep thinking, spiritual and moral purity and spiritual purity are of great importance as an important factor of civilization. After all, the First President Islam Karimov said that "the XXI century should be the century of enlightenment",- he meant the same need when he prophesied.

It is well-known that in today's world, where various conflicts are intensifying, the time has shown that it is more important than ever to strengthen the spiritual immunity of our youth, to spend their free time meaningfully.

In recent years, certain work has been done to provide comprehensive support to the youth of our country, to protect their rights and interests. In this process, the law "On state youth policy in Uzbekistan" is being implemented.

The reforms being carried out under the leadership of President Shavkat Mirziyoyev are aimed at strengthening the attention to our youth, attracting them to culture, arts, physical culture and sports, developing skills in the use of information technology, promoting reading among the youth of our country. Special emphasis is placed on the issues of ib.

In recent years, special attention has been paid to the promotion of books and the

development of reading in our country. The announcement of 2020 by the President as the Year of Science, Enlightenment and Development of the Digital Economy is fully consistent with the glorious idea of "From National Revival to National Growth."

"It is necessary to teach our children from kindergarten to primary school to read books, and thus to raise them to love books," he said. Only then will the reading environment be formed in our society, and others will return to reading.", There is a deep philosophy in that. When you read a work of art, your heart is filled with endless joy and you are inspired by it. Because the heartache of the protagonist becomes your own pain. After all, for someone who loves to read a book, there is no better friend than a book.

Abu Bakr al-Khwarizmi was on his deathbed. Ask him out well if he is no longer absorbed in the connection. they asked. He said, "Let me look at the book." he said. He who loves his life loves the book. After all, a book is an encyclopedia of life, a life-giving ointment, a painter, a companion, a teacher, an inspiration.

Mawlana Jalaliddin Rumi says: "Roll your eyes, let your heart turn into an eye." The book is the key to the heart. It is known that the role of books in meeting the intellectual and spiritual-aesthetic needs of the population, especially the younger generation, is invaluable in educating young people to be independent-minded, strong-willed, truly patriotic and spiritually mature people.

The spiritual nourishment that the book provides cannot be obtained by any other modern technical means. Because the book is such a spiritual force, it can be called a kind of enlightenment-spiritual prayer.

Although we live in an age of high technology, the value of a book has increased, not diminished. At the same time, it is repeatedly emphasized in various forums that reading, the culture of reading, the acquisition

of skills are the primary qualities of the human personality, the leading sign of the image of the intellect. History has shown that our ancestors and grandparents considered this blessing sacred, and before performing it, they put it on their eyebrows and performed tawaf. There is a lot of debate going on about whether traditional and e-books are squeezing each other out. Is it possible to separate them ?! Logically, they cannot be divided into opposite poles. E-reading is a modern form of traditional reading.

We are confident that extremely affordable, affordable, modern internet literature will spread widely in the future. Then you will not have to complain about the small number of newspapers, magazines and books, and thousands and millions of readers will be able to read the work on one site at the same time and enjoy it indefinitely.

Given the demands of the times, not using e-books is like ignorance.

But what good is it to hold a real printed book in your hand, to press it to your chest, not to rush it, but to read it with reverence, pleasure, and pleasure?

The book is a source of spirituality. Reading is the flower of human need. Declining interest in reading, in turn, has a negative impact on the level of literacy of the population and poses a serious threat to the sustainable development of society and the state. Reading calms the nerves, not only enlightens and spiritualizes a person, but also contributes to his health. Not everyone in life is free of problems, and most of the time we walk with some anxiety. In such cases, the person who reads a lot of books finds the strength to find his way. In the process, a person who has not read a book will be helpless in the face of the problem. This is why reading has great benefits in calming the nerves, relieving fatigue, and enhancing memory and hearing.

Therefore, in our country, a number of practical measures are being taken to promote reading

among young people, to educate them to become acquainted with literature.

Therefore, the 5 important initiatives put forward by the President are of great importance. It should be noted that the fourth point of the five important initiatives of the head of our state to organize work in the social, spiritual and educational spheres on the basis of a new system is to raise the morale of young people, to promote reading among them. It is no coincidence that it is aimed at organizing systematic work on it.

Particular emphasis is placed on measures to promote the culture of reading and reading, to encourage reading in the libraries of the country, to hold various competitions, to develop the book trade, to regulate publishing.

CONCLUSION:

Culture, civilization is a very broad concept, but no matter what anyone says or interprets, at the heart of these concepts is the phenomenon of upbringing, upbringing. Man is a being to be educated. There are many forms of education. However, its core and base is built on reading and re-reading. After all, the culture of reading is the essence of the general culture. There is hardly a wise, intelligent person who has not told this truth, who has not made the call to read his life's work. These initiatives include the comprehensive upbringing of the younger generation, the meaningful and effective use of their leisure time, and are carried out with the participation of relevant sectors.

It requires perseverance, constant work on ourselves, increasing personal responsibility.

After all, the development of our intellectual, scientific and technological potential is a factor in the sustainable development of our country.

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