

PEDAGOGICAL BASIS OF PREPARING STUDENTS FOR FAMILY RELATIONS

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ABSTRACT:

Without educating youth in the humanity spirit, it is impossible to bring them to spiritual maturity, to predict the social development of society. The students' preparation for family life, their formation in the spirit of universal qualities with high spiritual convictions, highly qualified specialists' training is an urgent issue today. This article is devoted to a comprehensive analysis of the pedagogical aspects in overcoming this problem.

KEYWORDS: family, values, perfection, tradition, customs, homeland, kindness, social activism, knowledge, skills.

INTRODUCTION:

Adoption of such decisions as "On the basis of state youth policy", "On Education", "On the National training program", "On the guarantees of the child rights", "On the prevention of juvenile uncontrollability and delinquency", "On restricting the distribution and consumption of alcohol and tobacco products" in our country, on the occasion of naming each year by a certain name at the initiative of the head of our state and the idea of forming a well-rounded personality, promoted in the State programs adopted by the Cabinet of Ministers serves as the legal basis for the work being done in this regard. In addition, the work on maternal and child health protection, upbringing of a spiritually and harmoniously developed generation on the basis of common national and universal values, strengthening the reproductive health of the population, creating conditions for children to engage in mass

physical culture and sports, creating conditions for orphans and children deprived of parental care, shaping a healthy living culture among young people are aimed at educating a perfect man who is the future of Uzbekistan.

Uzbekistan is a country of youth. It is estimated that the number of people under the 30 in the country is close to 18 million. More than two-thirds of the country's population, or 64%, is young. The average family in our country is five people. We have about 6 million families in total. Figuratively speaking, each family has an average three children. Every year 500-600 thousand children are born in our country.

That is why our people and our state, at the center of all the noble intentions of every human being, are to raise our children physically and spiritually healthy, to see their happiness, a prosperous future; the dream of raising a generation stands no less than the children of other nations. After all, only a comprehensively mature generation will be able to overcome the most complex, difficult trials and difficulties of today's life, to achieve the lofty goals. Our President, who has high hopes for the youth, proudly says, relying on them, "The future of Uzbekistan is a great country." In other words, because of the opportunities provided by independence, young people are becoming a decisive force in life. I believe in this young man as much as I believe in myself." he said. The great future of Uzbekistan depends on talented, creative and enterprising young people who are currently studying in schools, universities and colleges. Because, these young people are the creators of the economy, culture

and industry of our country, our future foundation.

The family is synonymous with the word "woman" and is responsible for the children upbringing, the spiritual and physical development of people, their integration, and the economic and social development of society. That is why it is so important to pay attention to women in the family. Many great people were raised in the family by our mothers. If the family is materially and spiritually strong and peaceful, then the younger generation will grow up to be healthy and perfect people with independent thinking. The family also has responsibilities to society:

- The social function of the family is to bring up children, to bring them up as good people, to form their relations with nature and society, to provide them with timely rest and health;
- the economic function of the family is to provide the family members with the material resources they need to live - housing, food, clothing, and appliances. The family existence is inextricably linked to its responsibilities fulfillment. In particular, unless the family fulfills its demographic function (ensuring generational continuity), as a result, the family will not survive. It is no coincidence that our people say, "A country with strong families and prosperity will be strong and prosperous." The Uzbek family is distinguished by its childhood, the sincerity of the relationship between parents and children, the strength of honor, reverence for the youth and respect for the elderly. In the East, the father is the head of the family, its provider and guardian, while the mother is his beauty, moderation and grace. And children are the flower of the family. Although Uzbekistan has a high youth marriage rate, the most important family breakdown is the lowest in the world. The sacred duty of the family is to raise talented children, to bring them up physically, intellectually and spiritually, to be loyal to their

parents and the Motherland. The family develops and improves on the basis of sacred concepts. The methodological basis of the couple's harmony, spirituality theory, education level, family culture relations forms the methodological basis. But if the balance of any of these factors is disturbed, the family strength will be undermined. The reasons for this are: first, that the worldview, interests, and husband and wife needs are not close to the breakdown of families; second, damage to the family budget as a result of a man's addiction to harmful habits (alcohol, drugs, etc.), neglect of child rearing; third, Uzbek families have had children for 1-2 years in young families since they were children, often accusing infertility woman; fourth, the mutual respect and relationship deterioration between the couple was cited as the reason for the lack of psychological unity. According to the psychologists and sociologists research of the republic, the family upbringing shortcomings are as follows: lack of adult attention to children; lack of desire to communicate with children; lack of mutual understanding between parents and children and lack of aspiration on both sides; parental abuse of boys and girls; the dominance of blind fatherly and motherly love and its unsustainable significance; the persistence of constant conflicts in the family environment and the lack of efforts to reduce them; unstable feelings and moods of parents, their uneducated, random nature; incompatibility and radical conflict of parents personal interests; prolonged misunderstandings between parents; manifestations of injustice, hypocrisy, theft in the family environment; low levels of parental education and culture; Lack of good traditions, customs, traditions in the family and adherence to certain patterns of negative behavior, radical isolation from the social environment; deficiencies and vices, such as indifference, impede the rational upbringing of young men

and women, and the idea of striving for the intended goals. Preparing young men and women for family life, who are on the verge of life in the higher education system, is one of the urgent tasks today. Because the life way shows that the majority of our young people are studying in higher education or getting married after graduation. How ready or unprepared they are for marriage is reflected in the process of marriage. It is true that the students preparing problems for family life have been developed to a certain extent from a pedagogical and psychological point of view.

However, at a time when the period is fast, the life flow is changing, the human heart and mind, the struggle for healthy thinking is intensifying, issues such as preparing young people for family life, building a healthy family, forming a healthy lifestyle, strengthening the health of the mothers of childbearing age, providing charitable assistance to the disabled, children and women with anemia, children in orphanages and boarding schools, vulnerable groups, assistance in strengthening the material and technical base of maternity and children's institutions, assist in equipping them with specialized equipment, protection of motherhood and childhood, development of international cooperation in raising a healthy generation, to carry out propaganda and advocacy work to increase the medical literacy of the population need to be made a part of every citizen's daily life.

As the pedagogical scientist M. Makhmudova noted, the student is a social group that prepares for social life and a certain specialty in material and spiritual production, and their preparation for family life has its own

characteristics. This is a period full of peculiarities and contradictions. Because during the student period a highly qualified specialist, a mature citizen of the society is formed, a physiologically and socially mature person develops. Accordingly, by preparing them for family life, young people form their own lifestyle, their own personal style. It reveals their unique lifestyle, agenda, interests, and personal communication forms. This necessitates an in-depth analysis of the scientific and practical state of preparing students for family life. This means that the students' preparation for family life must be improved, its new aspects must be discovered, the accumulated experience must be generalized, integrated into a single system from point of view today and put into practice.

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