

THE MOST IMPORTANT ASPECTS OF READING IN FOREIGN LANGUAGE LESSONS

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Annotation

In this article, one of the problems that arise in foreign language classes today is the problems related to the competence of reading comprehension and giving advice, recommendations, motivations based on scientific solutions to students, students and representatives of the younger generation, and a number of German international scientific facts are covered in the news presented by scientific experts.

Keywords: foreign language, problems, reading comprehension, competence, solution, recommendation, motivation, scientific, expert, facts, international, new.

Introduction

Reading comprehension in a foreign language is considered one of the competences of language learning, and today many problems arise among language learners in connection with various reading comprehension and vocabulary. I think that from this article, it is noted that what a language learner should pay attention to in improving his knowledge of reading comprehension and can eliminate other problems related to reading comprehension.

German educational researchers and experienced school teachers have found that in foreign language classes today, pupils and students are unable to quickly understand the essence of artistic and diverse texts and some problems arise in their reading comprehension. According to them, in German schools, students are unable to syntactically and didactically analyze important statements from texts and separate them into larger contexts and work with them independently. for example, because they still try to translate phrases or new words in such texts only grammatically and word-for-word.

The ability to read and understand what is read in foreign language classes is the most basic requirement in today's communication society for assimilating, processing and remembering the base of "old" and "new" information. It is natural that children and young people with not well-formed reading skills and insufficient knowledge often face interdisciplinary problems at school. ¹At this point, various questions arise, for example, one of these;

Why is the reading ability of students decreasing and what is the reason for this?

Actually it depends on many factors. German pedagogic experts and tutoring centers also emphasize that there are many negative factors in this regard, the interaction of which ultimately leads to a decline in reading and reading ability.

As a result of scientific research, it is necessary to take into account how working with texts can develop the personality of students in classes and have a positive effect on their future, not only on their education, but also on their educational and professional prospects.

¹ <https://www.hauslehrer.de/blog/grundschueler-lesen-und-rechnen-schlechter-ergebnis-der-pisa-studie/>

Top five benefits of reading comprehension

Reading is developing reading competence: Reading competence is not only the ability to read individual words, sentences and entire texts fluently and without errors, but also the ability to understand the context of the text read and filter important statements. One of the important conditions for the development of reading skills is that the student is not limited only to reading (understanding) words. For example: if you can read fluently and no longer pay attention to the opening of letters, syllables and words, pronunciation, you can "read texts and understand their content better" and such processes can be used to study in classes. skills have a positive effect on performance in all school subjects.

Reading improves language acquisition and language skills: Through regular reading in foreign language classes, children and young people learn new words, phrases and how to use them in a linguistic context. This "learning" occurs through conscious, and sometimes unconscious, encounters with unfamiliar words and their meanings for the learner. In this case, the more often the student deals with different terms, the more the vocabulary grows, because reading comprehension competence is considered a part of education, a lot of reading is recommended, and this is precisely no matter the topic, it's also a good form of exercise for those who want to improve their independent study. In addition, a well-learned vocabulary has a positive effect on a person's fluency in speech and writing culture, and writing culture helps to strengthen not only the ability to express thoughts, but also spelling and grammar.

Reading concentrates attention and reduces stress: the reader in such situations, especially teenagers who have read books that interest them, go deep into fairy tales. Everything around him fades into the background, and a moment of inner peace appears. For example: an article in "**Focus on health**" states that reading six minutes before bed significantly reduces stress levels, significantly more than listening to music. In order to really relax while reading, it is important to focus on a clear text and a more serious topic (book, magazine, etc.). Short newspaper articles, especially social networks (WhatsApp, Instagram) usually do not help to relieve stress, on the contrary, it is not recommended to communicate with them before going to sleep. And reading before bed can quickly become a habit and help you fall asleep.

Reading develops imagination and creativity: When children and young people immerse themselves in a story, they create different fantasies and images of themselves, for example, if we take the characters or situations depicted, for example: a reader "Spiderman Let's say he starts reading a book in the fantasy genre, if you watch him closely, he repeats the behavior of the main character in the book with his hand movements, and he certainly starts to think about the need to help those around him. ²

Unlike television or film, where the score is predetermined, students create their own fantasy in their own character. Especially for children and young people, regular reading of books gives a very effective result and stimulates their creativity. If you have good imagination, that is, the ability to picture something in your head, you can transfer this to word problems, arithmetic problems, or

² https://www.focus.de/gesundheit/videos/egal-was-vor-dem-einschlafen-warum-sie-jetzt-unbedingt-noch-etwas-lesen-sollten_id_4905465.html; Stand 10.10.2019)

definitions, among other things, and thus help you understand or solve school problems and you can also see better creative approaches. Students with strong imaginations and creativity tend to do better in school and do better in practical subjects. Regular reading exercises also have a positive effect on profiled creative writing culture, discussion culture, and the ability to search for problem- and goal-oriented solutions. In addition, children and young people who read books regularly have less trouble putting themselves in the shoes of others, which has a positive effect on empathy. Clear vision and creativity also provide advantages in conflict resolution in personal or professional daily life and are considered core competencies in some professional fields.

Reading is the most effective way to increase concentration: When reading relevant stories or books, images appear in the student's mind that stimulate the student's imagination and intelligence. To achieve this state of mind, external distractions must inevitably be kept to a minimum. When reading, children and young people must learn to resist distractions such as television, mobile phones, etc. in order not to lose their thoughts or forget what the main content is at the end of a sentence. Advanced students can focus on the text even when the radio or TV is on, which is suitable for home-based learning processes. Working memory (functionally considered a part of the human ability to remember) temporarily stores what is read in the brain in order to understand what the words in a sentence or part of a text mean in terms of content. To test or train working memory more, you need to learn to concentrate, and as a result, students or children and young people who study regularly, even when doing homework for a long time, have more concentration (focus) or less likely to lose concentration on class tests and exams.³

Tips for learning how to study properly and increase motivation.

- Find out what the child's reading ability and interest are so that the book you choose does not bore him.
- Ask what genre your child or student prefers to read to reflect their preferences and interests.
- Young or slow readers are encouraged to use books with more pictures and drawings to help them focus.
- Look for books with attractive covers to create interest in the book.
- Start with simpler and simpler text books for the student to do the "Reading Task".
- Don't set a time frame in which the book must be read quickly.
- Make the next book more interesting by asking regularly about its content and whether you liked it, to get information for the next book.
- If you see a student with a book in his hand, immediately encourage and praise him.
- Be a "good student example" by reading and speaking about what you read.
- Start encouraging your child's interest in books by reading them fairy tales from the primary stage of school.⁴

³ https://www.focus.de/gesundheit/videos/egal-was-vor-dem-einschlafen-warum-sie-jetzt-unbedingt-noch-etwas-lesen-sollten_id_4905465.html; Stand 10.10.2019)

⁴ ISER, Wolfgang(1984): *Der Akt des Lesens*. 2. Aufl. München. ISER, Wolfgang(1975): *Der Lesevorgang*. In: Rainer Warning, S. 253-276.

CONCLUSION

In conclusion, it is interesting to note that in today's era of mass media overload and the spread of "short text messages" through social networks or news services, the role and importance of books or interesting newspaper articles in society is decreasing. It is no exaggeration to say. As a result, the interest and understanding of reading contextual texts is steadily increasing. However, today we have also introduced new lexical and didactic recommendations aimed at quick and easy reading comprehension in foreign language classes, from simple texts to complex texts, and these methods are specific to the needs of the times. We also witnessed that the student can read and understand any texts independently in class or outside of classes, and that it should be a part of adaptation to school, work and everyday life. It should be added that all the above-mentioned scientific foundations and recommendations should be applied in accordance with any state education standards, and educational institutions should be popularized at the lower level and higher education institutions, and the above recommendations should be used effectively. can serve to increase students' interest in reading and understanding in foreign language classes.

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