# THE PROBLEM OF BOOK READING IN THE XXII CENTURY

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### Annotation:

In this article, the author comments on the importance of reading culture in the education and spiritual development of young people.

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### **INTRODUCTION**

Regardless of our profession, each of us communicates with books to a certain extent. But not all of us think deeply about what kind of book to read, its effects and consequences, why we read books in general.

The book is not only a light that illuminates the abode of intelligence, but also an important spiritual treasure that leads people to perfection. The book not only provides spiritual nourishment to a person, but also deepens his thinking, teaches him to think in a healthy way, and serves as a solid foundation for moving into the future with clear goals. That is why it is the closest friend of a person.

There is always a sight that pleases the eyes. This is the image of a person reading a book. Have you noticed that the face of a person who is reading always shows happiness and at the same time thirst for knowledge. A person given over to the magic of a book forgets the world around him, small worries are left aside. After all, at this moment he is talking with his most loyal friend - a book. In particular, a book with a deep, high-level, detailed content and beautifully decorated book attracts anyone.

Information technology has developed in the 21st century. As a result, there are views that it is impossible for someone to read a book. This situation made many literature lovers and literary experts think. After long debates, the general public came to a firm decision that "Any mind-boggling discovery cannot prevent reading a book, but rather, a book will help you understand the mystery of change."

The subtle aspect of reading is that you cannot read all the books in the world. It is not possible, and besides, it will not last long. Unfortunately, many people do not know how to read a book and do not even understand what they are reading. And for some people, reading is relaxation, just passing the time and reading them anything (articles, novels, poems, news, etc.) as long as it's not boring.

So, reading a book alone is not enough for a positive assessment of reading. The taste of the reader is of particular importance.

A person's spiritual level can be determined by the number of books in his personal library, - says the well-known writer and translator Ne'mat Arslanov. - We don't mind taking up space in the memory of a personal computer, not the bookshelves of a personal library. But in this case, it is necessary to focus on some aspects separately. First of all, let's pay attention to what kind of literature is collected in electronic libraries organized on various websites, portals and other Internet resources.

There are many electronic libraries in the national Internet space. There are few who offer literature in the Uzbek language. It is better to read works of artistic and spiritual-educational importance mainly in the form of books. Because the work being read on the screen cannot fully affect the world of human feelings and imagination. This is especially noticeable when reading a work of fiction. If you pay attention, the computer, in particular, the screen serves the users of the Internet mainly to read the necessary information. Reading a book involves concentrating and continuously reading the pages one by one. Most of us have developed this skill during regular book reading.

It has been said for a long time that most young people are not interested in reading books, and that adults are also moving away from reading. Those children "who are not interested in books" and those who are interested in reading and learning are growing up. We are involuntarily enamored when we see young people who have set a clear goal for themselves, boldly strive for the future, acquire knowledge and profession, and demonstrate their abilities and talents. They are achieving achievements worthy of recognition. If you talk to young men and women who are knocking on the doors of enterprises and organizations claiming to be a ready specialist, you will be satisfied with the feeling that they have acquired modern knowledge.

However, if you talk about the reading of literary works, most of them will be confused. Then I remember the conversation of an intelligent person during my student days. He remembered his teacher, Abdurahman Alimuhammedov (may his end be blessed), that he wrote the literature that students should read until they were "zachyot" when they entered the first class, and he said, "I will ask for one of these works of art from anywhere, be ready for that." Please come, otherwise don't walk thinking that you will get a grade from me," he recalled. He remembers that more than a hundred works of world and Uzbek literature classics were added to the list written by the teacher.

He remembered that he studied those works diligently, and when Galvir rose from the water, only three of the 26 students from the group passed the exam on the first day. In commemoration of Domla, he was interested in "Martin Eden" by J.London, "Anna Karenina" by L.N. Tolstoy, "War and Peace", "Cold and the Sea" by E. Hemingway, "Holiqush" by R.N. Guntekin, CH. He admitted that he has repeatedly read Aitmatov's "Jamila", "Goodbye, Gulsari", A. Qadiri's "Past Days", P. Kadirov's "Three Roots".

My two daughters and two sons studied at the institute. I have never heard that a school or lyceum teacher or institute teacher gave them an assignment to read such and such a work of art.

It is said that most of today's young people are not disappointed in reading fiction books. Just as lowquality music and movies have proliferated, low-quality works of fiction are taking over bookstore shelves like mushrooms after the rain. Because if you give money to the publishers, they will publish the book you want. This spoils people's taste. Also, bookstores are overflowing with books that openly promote promiscuity and openly discuss fistfights. Let alone reading them at home, you will sink into the sin that you have brought. Such things, which cannot even be called books, are flowing more and more from somewhere. It is reproduced in thousands of copies and falls into the hands of young people who have not yet realized themselves, who have not yet learned the difference between right and wrong, and who have not reached the stage of adulthood.

In the work of the French writer Marques de Sade entitled "Philosophy in the Whorehouse" "We don't need to make big wars and take over the world. Do not let the dead bodies of French soldiers rot in foreign countries. In order to subdue them (countries intended to be French colonies. Emphasis is the author's), distribute immoral books like mine and win their hearts. Then they will automatically

obey us." Yes, the purpose of the introduction of books promoting open immorality into our country is to capture the hearts and minds of our youth.

How can you protect yourself from such spiritual attacks, from the influence of various evils that come under the guise of mass culture? Books and good works that have been written and are being written can protect us from these troubles. As the Honorable President said, ignorance can be overcome by fighting with enlightenment, that is, a fake book is destroyed by a genuine book. Truth overcomes fiction, and works that promote enlightenment, spiritual beauty, and universal human values repel obscenity. Both the obstacle to the disaster in the form of a book and the last hole is a book, that is, a real book!

Just as the body becomes dirty if it is not washed, our heart needs regular cleansing. This happens when you read and listen to the works of Hazrat Navoi and other thinkers. Navoi's great heritage is of great importance in the spirituality of every family, in the education of children, and in the national potential.

According to one instructive tradition, the wise man Socrates was teaching his students in the open square when a young man suddenly spoke to him:

- Hey, Socrates, what are you putting into your brain by torturing these fools, stop talking right now. Otherwise, I won't smile, they will all leave you and follow me.

Then Socrates said:

- You are right. If you swim for a moment, then my students will be a propeller next to you. Because you will lead them to the bottom. Going down is always easy. And I call them to be high. Climbing up is always difficult.

It was only after reading this story that I understood why Navoi was "moving away" from us. In my opinion, we don't even notice that our artistic taste is going down under the influence of light-hearted "literature".

A child's heart is a generous soil. Any seed will surely sprout and bear fruit. Today, if the noble feelings and humanitarian ideas of Navoi's works do not enter the hearts of young people, it will not be difficult for them to be replaced by "works" promoting various immoral ideas coming from abroad.

"We used to have a tradition of reading books in a circle and listening to epics while sitting on the couch," says the well-known journalist Maqsud Hamroev. - With the change of times, this tradition was almost forgotten. Someone can say that today everyone is literate and can read any book they want. However, in reading books in circles, bedilkhan, navoikhan, apart from spending time meaningfully and usefully, it was intended to deeply understand this or that work, to enrich spirituality, and to learn manners. One more thing. If a book is brought home, if a book is read in the family, this tradition will definitely be continued by the children. In addition, I think that it is very important to read and listen to a high ideological and artistic work as a family.

If a person does not get into the habit of reading books from childhood, it is difficult for him to be interested in books later. Previously, if you went to a higher educational institution, you would see young people sitting on the seats reading books, talking about a new novel or short story. Now the situation is different. Everyone has a phone. They watch something, transfer silly images and songs to each other's phones, and argue about similar topics. Another sad aspect is that in recent years, most young people limit themselves to reading only the information about a work of art, not the work itself. They are reading this information only to enter the study and answer the test questions. Negligently

approaching this work and leaving it to everyone's discretion is equivalent to giving up on the development of the youth and, therefore, the development of the entire nation.

Today, the fact that young people do not read books is attributed to the fact that they are familiar with the Internet. But the Internet is not a tool that deprives a person of reading. This is a sign that the opportunities for them have expanded. However, most young people are busy with almost useless activities in front of the computer and forget about reading books.

What is the reason for this? The reason is that it is customary for teachers to take schoolchildren on excursions to museums, parks and historical cities. But unfortunately, I have never heard of them being taken to the library or bookstores. However, the primary task of educational institutions should be to familiarize students with these places, monitor their reading level, conduct various activities related to book reading, and create a personal library for each student.

It is no exaggeration to say that there is not enough promotion of books in our country. For example, we can all tell what medicines are the cure for many diseases, what kind of sweets are available in stores, and the new tariffs for telephones. But when they ask about new books that have been published, most of us are about to bite the wax. Because there is a lot of promotion of works and advertising of books.

Now there is a new direction of teaching reading in the world experience. For example, in schools in Finland or some European countries, special reading courses are taught from elementary to high school. Students learn the art of reading in these courses. It should be mentioned here that reading and teaching reading is a unique art. If we do not teach a child the method of reading, he will not be able to master the art of reading. As a result, after he does not understand what he reads, the child's interest in the book decreases automatically.

### CONCLUSION

Books are useful only when they lead a person to life and serve him. If the book does not give the reader energy, enthusiasm, spiritual purity, even if the book is small, then every hour spent on reading will be wasted and ineffective. If every book read is spiritual. There is no point in knowing the history of world literature if it does not bring pleasure, educational lessons, courage and spiritual impact. Reading without thinking is like walking blindfolded in the beautiful scenery. We should study not to forget ourselves and our marriage, but to hold the reins of life more consciously and firmly.

Farang scholar Eduard Laboulé said that "the place of each nation in the general scale of development is determined by the number of books that nation reads," and Denis Diderot said, "When people stop reading, they stop thinking." noted. Therefore, let's not stop reading the book, understanding it while reading it, enjoying it, dear ones!

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