

ISSUES OF IMPROVING REPRODUCTIVE EDUCATION METHODS IN PRESCHOOL EDUCATION

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Annotation:

In the article, the reproductive activity of children is the processes and functions associated with the birth and reproduction of offspring in adolescents and young people, it covers all aspects of reproductive health, including childbirth, normal fetal development, child care, as well as comments and practical recommendations. are given in relation to the coverage of healthy reproductive habits.

Keywords: health, child, reproductive health, cleanliness, upbringing, education, method.

Introduction

It is known that the reproductive activity of children is a complex and versatile issue and requires special attention and understanding. It can have a significant impact on the social and economic development of society, as well as the physical and mental health of the new generation. It should be understood that reproductive health is not only limited to the absence of pregnancy, but also includes the prevention of early births, the birth without problems and the healthy development of children.

The effect of reproductive activity of children on society should not be ignored. Early onset of sexual activity, unwanted pregnancy and early childbirth can have negative consequences for the health of mother, child and society as a whole.

Over the years, discussions have been held on how to solve problems with the reproduction of children. Issues of sexual and reproductive health, the use of contraception tools and the use of family planning services are top priority. Effective programs to educate and support young people in solving this problem, as well as policies aimed at improving the living conditions and education of children, play an important role.

However, in modern society, reproductive activity of children often occurs prematurely and without proper preparation. This can lead to negative consequences, such as unwanted pregnancy, early motherhood and the risk of diseases of the reproductive system in children.

Thus, understanding the concept and characteristics of reproductive activity in children is an important aspect of influencing their physical and psychological development, as well as managing and controlling this process in modern society.

In modern society, there are a number of factors that affect the development of reproductive activity of the younger generation. First, access to sexual and reproductive health data has greatly expanded. Thanks to the development of the Internet and social networks, teenagers have the opportunity to get the information they need and ask questions to experts in reproductive health.

Secondly, modern medicine offers a variety of contraception methods that prevent unwanted pregnancies and protect against sexually transmitted infections. This allows young people to take great responsibility for reproductive health and family planning.

Third, educational institutions are introducing sexual education programs to help young people gain initial knowledge of reproductive health, contraception, and the risks during sex.

However, despite all the positive trends, problems with reproductive activity among the younger generation still exist. Some teenagers still face low levels of awareness, fear, and negative beliefs about their own body and sex lives. In addition, there are cases of improper use or lack of contraception, which can lead to unwanted pregnancies or sexually transmitted diseases.

Therefore, it is important to continue the work of increasing the knowledge and enlightenment of the growing generation in reproductive health. Only then can their health and well-being, the sustainable development of society as a whole, be ensured.

The main feature of reproductive activity in children is its maturity and low in relation to adults. All processes of puberty in the baby's body are not yet completed, which affects the possibility of reproduction. The fact that the reproductive system was not formed in childhood makes it unprepared for full reproduction.

At the same time, the reproductive activity of children has its own characteristics and functions. This plays an important role in the physical and psychological formation of a child, as well as in his social adaptation. The reproductive activity of children is aimed at forming and strengthening the family, preparing them for parenthood and raising the offspring.

Various factors can significantly affect the reproductive activity of children. Let's take a look at the basics:

Young. Young parents may be associated with an increased risk of early birth and premature birth in children, as well as an increased likelihood of developing a number of reproductive diseases.

Physical health. The presence of chronic diseases and physical restrictions in parents can hinder successful reproductive activity.

Psychological state. Stress, depression, and other psychological problems can adversely affect reproductive function, the ability to give birth and rear children.

Education and income. Lower education levels and insufficient income can limit the use of quality medical care and resources needed for successful reproduction.

Social environment. An unfavorable social environment, including low levels of social support and the presence of domestic violence, can negatively affect the reproductive functioning of children.

Education and awareness play a crucial role in the formation of healthy reproductive activity in children and adolescents. They provide young people with important knowledge and skills to help them make conscious decisions about their health and breed.

One of the main areas requiring special attention in education and awareness is sexual upbringing. It allows children and adolescents to get acquainted with their own body physiology, sex, contraception techniques and preventing sexually transmitted infections, as well as alternative methods of family planning and reproduction.

Proper sexual discipline helps prevent unwanted pregnancies and illnesses, and also creates healthy relationships and conscious sexual behavior. It gives young people the opportunity to make conscious decisions about their reproductive lives, to protect their rights to health and safety.

In addition to sex education, education on gender equality, violence and sexism is an important aspect of the development of healthy reproductive activity. Teaching children and adolescents about a person's fundamental rights and equality will help them develop respect for others and themselves, as well as create conditions for responsible decision-making in the field of reproductive behavior.

Thus, education and awareness play an important role in the formation of healthy reproductive activity in children and adolescents. Sexual health, family planning, and gender equality information help young people to make conscious decisions and foster relationships based on respect and equality.

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