# AMINO ACID ANALYSIS OF DRY EXTRACT OF MILK THISTLE FRUIT SILYBUM MARIANUM GAERTN L. GROWING IN UZBEKISTAN

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#### ABSTRACT:

Information about amino acids synthesized by plants, their functions in amino acid metabolism, the pharmacological activity of some of them, especially in the formation hepatoprotective factors of the body's defense in liver diseases, is generalized. This article presents the amino acid composition of dry extracts of plant seeds grown in the environment of Uzbekistan, describes the analytical results obtained using the HPLC (High Performance Liquid **Chromatography**) method, conclusions. The object of the study was the fruits of the milk thistle [Silybum marianum (L.) Gaertn.]

KEYWORDS: Amino acid, analysis, HPLC method, milk thistle, dry extract, vitamins, physiology, and medicinal plant.

#### INTRODUCTION:

Recently, there has been an active search for drugs that increase the liver's resistance to the pathological effects of xenobiotic. Various pharmacological agents that normalize metabolic processes in the body, as well as compounds with antioxidant activity

and inhibiting lipid peroxidation, can exhibit a hepatoprotective effect to one degree or another. Preparations based on flavolignans from milk thistle are widely used, which improve the detoxifying function of the liver by stabilizing hepatocyte membranes, increasing the activity of antioxidant enzymes, as well as enzymes of the first and second phases of detoxification [1]. A number of such properties, such as their effect on human physiology and lifestyle, are directly related to amino acids, which make up the basic structural unit of the protein of this plant. Amino acid analysis was carried out to study the order and degree of their effect on the human body.

The aim of our research was to determine the amino acid composition of the dry extract of the fruit of the milk thistle Silybum marianum gaertn L.

### **MATERIALS AND METHODS:**

The precipitation of proteins and peptides of the aqueous extract was carried out in centrifuge beakers. For this, 1 ml (exact volume) of 20% trichloroacetic acid (TCAA) was added to 1 ml of the test sample. After 10 minutes, the precipitate was separated by centrifugation at 8000 rpm for 15 minutes. Separating 0.1 ml of the sedimentary liquid,

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freeze-dried. HPLC analysis of phenylthiocarbamyl (FTC) -derivatives of free amino acids. The synthesis FTC (phenylthiocarbomail) derivatives of amino acids was carried out according to the method of Steven A., Cohen Daviel. The identification of FTC amino acids is carried out on Agilent **Technologies** chromatograph on a 75 x 4.6 mm Discovery HS C 18 column. Solution A: 0.14 M CH3COONa + 0.05% TEA pH = 6.4 B: CH3CN: CH3OH (2: 3) ... Flow rate 1.2 ml / min, absorption 269 nm. [12]

#### **EXPERIMENTAL PART:**

Isolation of free amino acids. Precipitation of proteins and peptides of the aqueous extract in centrifuge beakers. For this, 1 ml (exact volume) of 20% TCA was added to 1 ml of the test sample. After 10 minutes, the precipitate was separated by centrifugation at 8000 rpm for 15 minutes. Separating 0.1 ml of the sedimentary liquid, freeze-dried.

HPLC analysis of PTK derivatives of amino acids. The synthesis of FTC

(phenylthiocarbomail) derivatives of free amino acids was carried out according to the method of Steven A., Cohen Daviel. The identification of FTC amino acids is carried out on an Agilent Technologies 1200 chromatograph on a 75x4.6 mm Discovery HS C18 column. Solution A: 0.14M CH3COONa + 0.05% TEA pH 6.4, B: CH3CN. Flow rate 1.2 ml / min, absorption 269nm. Gradient% B / min: 1-6% / 0-2.5min; 6-30% / 2.51-40min; 30-60% / 40.1-45min; 60-60% / 45.1-50min; 60-0% / 50.1-55min.

#### RESULTS AND DISCUSSION:

The research objects were dry extract of milk thistle fruit. The study of the amino acid composition was carried out according to the above method. The results of studies of the amino acid composition of dry extract, obtained on the basis of dry extract of milk thistle fruit, are shown in table 1.

Table1 Analysis of dry extract of milk thistle amino acid seeds

icius. The synthesis	of IIC		
	Silybum marianum		Silybum marianum
Amino acid name	mg/gr	Amino acid name	mg/gr
Aspartic acid	0,044849	Glutamine	0,192853
Glutamic acid	0,414607	Cysteine	0,372845
Serine	0,062133	Threonine	0,590935
Glycine	0,568913	Argenin	0,40293
Asparagine	0,58066	Alanin	0,64546
Proline	0,309895	Leucine	0,339664
Tyrosine	0,519465	Histidine	0,086226
Valine	0,680075	Tryptophan	0,265141
Methionine	0,44509	Phenylalanine	0,565292
Isoleucine	0,329058	Lysine HCl	0,204705

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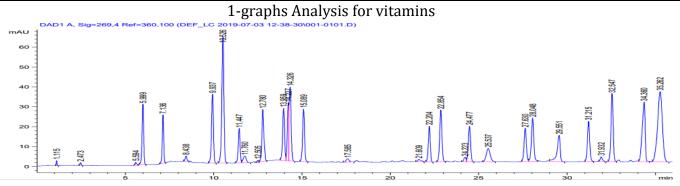


Fig-1. Chromatogram of the vitamin composition of dry extract of milk thistle fruitAcq.

Operator: Seq. Line: 1; Acq. Instrument: Instrument 1 Location: Vial 1; Injection Date: 7/3/2019 12:38:49 PM Inj : 1; Inj Volume : 5.0  $\mu$ l; Acq. Method: C:\CHEM32\1\DATA\DEF\_LC 2019-07-03 12-38-30\AAA\_LC.M; Last changed: 7/3/2019 11:58:45 AM; Analysis Method: C:\CHEM32\1\METHODS\VITAMINS\_LC.M; Last changed: 6/21/2019 10:13:06 AM; Method Info: Vit. Bufer. 0.5% Uksus.k-ta: MeC

The results of studies of the vitamin composition of dry extract obtained on the basis of dry extract of milk thistle fruit are shown in table 2

Table 2

Table 2						
Peak	RetTime	Туре	Width	Area	Height	Area
#	[min]		[min]	[mAU*s]	[mAU]	%
1	1.115	BB	0.0488	7.55833	2.53101	0.1466
2	2.473	BB	0.0759	7.43866	1.49873	0.1443
3	5.594	BB	0.0876	9.29058	1.51337	0.1802
4	5.999	BB	0.0987	194.95033	30.45720	3.7814
5	7.136	BB	0.0859	137.04053	24.24963	2.6582
6	8.438	BB	0.1095	20.91950	2.85512	0.4058
7	9.937	BB	0.1158	261.04593	34.69249	5.0635
8	10.526	BB	0.1139	525.93903	63.82017	0.2016
9	11.447	BV	0.1183	125.54469	17.26083	2.4352
10	11.760	VB	0.0868	42.21429	3.39016	0.8188
11	12.505	BV	0.1140	5.63540	1.03821	0.1093
12	12.780	VB	0.1193	206.75104	26.24187	4.0103
13	13.959	BV	0.1818	203.14856	26.23913	3.9404
14	14.227	BB	0.1935	167.26015	29.21017	3.2443
15	14.326	BB	0.1189	286.22836	37.09195	5.5519
16	15.089	BB	0.1375	207.28357	26.48636	4.0207
17	17.585	BB	0.1323	19.69217	1.69160	0.3820
18	21.609	BB	0.1354	16.20948	1.15646	0.3144
19	22.204	BB	0.2393	140.19983	18.00401	2.7194
20	22.854	BB	0.1423	230.51587	25.99416	4.4713
21	24.223	BV	0.1323	19.64561	2.24093	0.3811
22	24.477	VB	0.1354	159.16437	17.96035	3.0873
23	25.537	BB	0.2393	105.40646	6.71050	2.0446
24	27.630	BV	0.1423	153.12567	16.80270	2.9702
25	28.048	VB	0.1456	209.03886	21.86107	4.0547
26	29.551	BB	0.1794	163.08650	13.26938	3.1634
27	31.215	BB	0.1414	186.70912	20.27953	3.6216
28	31.932	BB	0.1360	23.79462	2.57046	0.4615
29	32.547	BB	0.1353	297.29230	34.23524	5.7665
30	34.360	BB	0.1791	353.71921	30.10885	6.8611
31	35.262	BB	0.2912	669.61804	35.32468	12.9885

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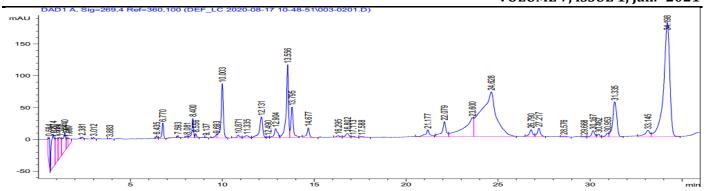


Fig-2. Chromatogram of the amino acid composition of dry extract of milk thistle fruit Acq. Operator: Ishimov U.J. Seq. Line: 2; Acq. Instrument: Instrument 1 Location: Vial 3; Injection Date: 8/17/2020 11:28:48 AM In: 1; Inj Volume: 30.0 μl; Acq. Method: C:\CHEM32\1\DATA\DEF\_LC 2020-08-17 10-48-51\AAA\_LC.M; Last changed: 8/17/2020 10:48:50 AM by Ishimov U.J.; Analysis Method: C:\CHEM32\1\METHODS\STEROIDE.M; Last changed: 8/7/2020 2:33:48 PM by Ishimov U.J.; Method Info: Steroide B: 83%H2O,

1         0.584         BV         0.0915         246.82047         40.25559         1.4           2         0.814         VV         0.1595         651.68237         51.53517         3.7           3         1.014         VV         0.1284         356.13705         36.97183         2.0           4         1.168         VV         0.1368         338.28027         32.13482         1.9           5         1.440         VV         0.1695         372.72302         27.95851         2.1           6         1.551         VV         0.0692         74.54256         15.21388         0.4           7         1.657         VB         0.1195         95.20549         10.73010         0.5           8         2.381         VV         0.1165         22.64489         3.05466         0.1           9         3.012         BV         0.0888         13.73097         2.32706         0.0           10         3.883         BB         0.1222         8.68444         1.03208         0.0           11         6.435         BV         0.0749         22.90206         4.53808         0.1           12         6.770         VB	rea
2       0.814       VV       0.1595       651.68237       51.53517       3.7         3       1.014       VV       0.1284       356.13705       36.97183       2.0         4       1.168       VV       0.1368       338.28027       32.13482       1.9         5       1.440       VV       0.1695       372.72302       27.95851       2.1         6       1.551       VV       0.0692       74.54256       15.21388       0.4         7       1.657       VB       0.1195       95.20549       10.73010       0.5         8       2.381       VV       0.1165       22.64489       3.05466       0.1         9       3.012       BV       0.0888       13.73097       2.32706       0.0         10       3.883       BB       0.1222       8.68444       1.03208       0.0         11       6.435       BV       0.0749       22.90206       4.53808       0.1         12       6.770       VB       0.0913       147.56325       24.15274       0.8         13       7.593       BB       0.0708       16.25276       3.46315       0.0	%
3       1.014       VV       0.1284       356.13705       36.97183       2.0         4       1.168       VV       0.1368       338.28027       32.13482       1.9         5       1.440       VV       0.1695       372.72302       27.95851       2.1         6       1.551       VV       0.0692       74.54256       15.21388       0.4         7       1.657       VB       0.1195       95.20549       10.73010       0.5         8       2.381       VV       0.1165       22.64489       3.05466       0.1         9       3.012       BV       0.0888       13.73097       2.32706       0.0         10       3.883       BB       0.1222       8.68444       1.03208       0.0         11       6.435       BV       0.0749       22.90206       4.53808       0.1         12       6.770       VB       0.0913       147.56325       24.15274       0.8         13       7.593       BB       0.0708       16.25276       3.46315       0.0	ł257
4       1.168       VV       0.1368       338.28027       32.13482       1.9         5       1.440       VV       0.1695       372.72302       27.95851       2.1         6       1.551       VV       0.0692       74.54256       15.21388       0.4         7       1.657       VB       0.1195       95.20549       10.73010       0.5         8       2.381       VV       0.1165       22.64489       3.05466       0.1         9       3.012       BV       0.0888       13.73097       2.32706       0.0         10       3.883       BB       0.1222       8.68444       1.03208       0.0         11       6.435       BV       0.0749       22.90206       4.53808       0.1         12       6.770       VB       0.0913       147.56325       24.15274       0.8         13       7.593       BB       0.0708       16.25276       3.46315       0.0	7644
5     1.440     VV     0.1695     372.72302     27.95851     2.1       6     1.551     VV     0.0692     74.54256     15.21388     0.4       7     1.657     VB     0.1195     95.20549     10.73010     0.5       8     2.381     VV     0.1165     22.64489     3.05466     0.1       9     3.012     BV     0.0888     13.73097     2.32706     0.0       10     3.883     BB     0.1222     8.68444     1.03208     0.0       11     6.435     BV     0.0749     22.90206     4.53808     0.1       12     6.770     VB     0.0913     147.56325     24.15274     0.8       13     7.593     BB     0.0708     16.25276     3.46315     0.0	)572
6       1.551       VV       0.0692       74.54256       15.21388       0.4         7       1.657       VB       0.1195       95.20549       10.73010       0.5         8       2.381       VV       0.1165       22.64489       3.05466       0.1         9       3.012       BV       0.0888       13.73097       2.32706       0.0         10       3.883       BB       0.1222       8.68444       1.03208       0.0         11       6.435       BV       0.0749       22.90206       4.53808       0.1         12       6.770       VB       0.0913       147.56325       24.15274       0.8         13       7.593       BB       0.0708       16.25276       3.46315       0.0	9540
7         1.657         VB         0.1195         95.20549         10.73010         0.5           8         2.381         VV         0.1165         22.64489         3.05466         0.1           9         3.012         BV         0.0888         13.73097         2.32706         0.0           10         3.883         BB         0.1222         8.68444         1.03208         0.0           11         6.435         BV         0.0749         22.90206         4.53808         0.1           12         6.770         VB         0.0913         147.56325         24.15274         0.8           13         7.593         BB         0.0708         16.25276         3.46315         0.0	1530
8     2.381     VV     0.1165     22.64489     3.05466     0.1       9     3.012     BV     0.0888     13.73097     2.32706     0.0       10     3.883     BB     0.1222     8.68444     1.03208     0.0       11     6.435     BV     0.0749     22.90206     4.53808     0.1       12     6.770     VB     0.0913     147.56325     24.15274     0.8       13     7.593     BB     0.0708     16.25276     3.46315     0.0	1306
9     3.012     BV     0.0888     13.73097     2.32706     0.0       10     3.883     BB     0.1222     8.68444     1.03208     0.0       11     6.435     BV     0.0749     22.90206     4.53808     0.1       12     6.770     VB     0.0913     147.56325     24.15274     0.8       13     7.593     BB     0.0708     16.25276     3.46315     0.0	5499
10     3.883     BB     0.1222     8.68444     1.03208     0.0       11     6.435     BV     0.0749     22.90206     4.53808     0.1       12     6.770     VB     0.0913     147.56325     24.15274     0.8       13     7.593     BB     0.0708     16.25276     3.46315     0.0	1308
11     6.435     BV     0.0749     22.90206     4.53808     0.1       12     6.770     VB     0.0913     147.56325     24.15274     0.8       13     7.593     BB     0.0708     16.25276     3.46315     0.0	793
12     6.770     VB     0.0913     147.56325     24.15274     0.8       13     7.593     BB     0.0708     16.25276     3.46315     0.0	)502
13 7.593 BB 0.0708 16.25276 3.46315 0.0	1323
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30 17.113 VB 0.1778 17.37266 1.53722 0.1	1511

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37	27.217	VB	0.1759	153.84099	12.83259	0.8886
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39	29.668	BV	0.1336	10.90729	1.25297	0.0630
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41	30.462	VV	0.1445	44.45270	4.60798	0.2568
42	30.953	VV	0.1542	62.32272	5.85457	0.3600
43	31.335	VB	0.2455	857.95660	55.14406	4.9559
44	33.145	BV	0.2886	209.73444	10.25330	1.2115
45	34.198	VB	0.3440	4211.61865	179.35448	24.3278

Totals: 1.73119e4 1055.62401

Sorted By: Signal; Multiplier: 1.0000; Dilution: 1.0000; Use Multiplier & Dilution Factor with ISTD;

Signal 1: DAD1 A, Sig=269, 4 Ref=360,100

#### **CONCLUSIONS:**

At the end of the study, the required results were obtained, according to which the chemical composition of the dry seed extract was different. The studied milk thistle fruit dry extract is represented by 7 essential and 13 nonessential amino acids. In particular, glycine, asparagine, valine. threonine. alanine. phenylalanine are more abundant than other amino acids. The amount of Asparaginov K-ta and Histidine was much lower, which corresponds to a hundred measurements. All information contained in this article is the result of research carried out at the Research Institute of Bioorganic Chemistry by the laboratory of proteins and peptides in the name of Sadikov.

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