

## TAKE ADVANTAGE TO SUCCESS

Urinova Gulnoza Shukhrat Qizi,  
Student of Bukhara State Medical Institute

Zamanov Ramazonjon Farhod Ogli,  
Student of Samarkand State Medical Institute

**Anatathy:** The secret to staying positive is to keep track of your accomplishments. Then you will see how strong and successful you are. This is the first step to success.

**Keywords:** drowsiness, laziness, fear, anger, indifference, indecision, innovation

If you throw a rock into a river, you won't know where and how that water fell. If you go too far, you can see that the surface of the water is a little shaky, but you can also hear a faint clapping of the current from under it. The tranquility of the still water is disturbed. From the place where the stone falls, the waves begin to ripple, and the face of the lake, which is as calm as a mirror, shakes and waves. The waves reach the shore and there is no calm for a long time. When a rock is thrown into a river, the river continues to flow in its precious flow without breaking its pin. But a stone thrown into the lake can change it completely.

- Yes, life is organized that way. We make a simple choice every day - to be happy or unhappy, but both require equal strength. Just like a stone thrown into a lake by a river. You throw them with the same force; but the result is obvious. We try to do the same to achieve success. So, we have to focus our efforts in the right direction.

Remember, it's up to you to decide what to focus on and what not to focus on. Everything in your life has a level of importance that you give them. People who just want to get started will never get started! So it's time to move from words to deeds. Let's see what we can do to help you succeed.

• If you want to succeed, avoid the six evils;

1. drowsiness
2. laziness
3. Fear
4. anger

5. negligence

6. indecision

- Start working on what you dream of! Then real miracles will begin to happen in your life.
- Never stop!
- The secret of any change is to focus on innovation! Not to fight the old one! It's up to you to make each day better than yesterday!
- Make sure no minute is wasted. Use the present to avoid criticizing yourself for wasting your youth in old age!
- Never give up. There is always a way to believe. If you can't find it, build it yourself. See the beauty, the opportunity, the happiness in being.
- Thoughts can change the energy that comes from you. Think positive to help yourself. Such thoughts will lead you to a happy and productive life.
- Beware of those who try to undermine your self-confidence! This character is specific to small people. Great people, on the other hand, inspire you to be great.
- There is nothing worse than giving up halfway through your dreams! Take small steps each day to achieve all your goals and objectives. Make sure you do what you set out to do today.
- It makes no sense to expect and demand change from others. You need to change for yourself and for yourself!
- If it is raining in your life, pay attention to the flowers that bloom because of that rain.
- People who avoid criticism never change and never strive to be better. You are not one of them, always work on yourself and improve!
- Remember, 20 years from now, you will be disappointed in what you didn't do more than what you did! Never stop moving forward again and again!

Success is the result of making the most of what you know and can do. So let's make a list of what we know and use. Because every new day is another opportunity to change our lives. Until a person surrenders, he is above his destiny! Always remember that what happens in your life depends only on you! Nothing is impossible and there are roads everywhere. If you have enough, there is always a chance! Good luck with that.

You don't have to go through hardships to be successful, but if so, you know how much fun it is to be successful!

## **REFERENCES**

1. Jack London // Love of Life // Story.
2. Immortal Umarbekov // It's hard to be human.
3. Robin Sharma // 200 Secrets of Success.